

SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

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Post-Procedure Instructions: **AviClear**

AFTER PROCEDURE:

- Starting the morning after treatment, wash your face with a gentle cleanser, followed by a gentle moisturizer every day twice a day for a few days. Let us know if you need recommendations.
- Resume regular skincare regimen 2 days after treatment. Makeup can be applied the day after treatment.
- Start applying UVA/UVB 30+ SPF sunblock DAILY, starting the morning after treatment.
 - Sunblock should be applied at least once daily, reapplying every 90-minutes if outside.
 - Direct sun exposure should be minimized throughout the duration of the treatment regimen.
- Most patients will experience mild redness of the treatment area, lasting up to one day post-treatment.
- Some patients experience dryness and itching of the treatment area up to four weeks post-treatment.
 - Use a gentle moisturizer (e.g., CeraVe®, Cetaphil®).
- Approximately half of AviClear patients may experience post-inflammatory flareups (acne purging) after one or all their treatments.
 - Condition may worsen before it improves.
 - Typically occurs a few days post-treatment.
 - Typically lasts a few weeks post-treatment but can last up to several months after treatment.
 - Non-comedogenic makeup for acne-prone skin can be used.
 - Notify the office if the flareup is severe.
- Avoid heat (hot tubs, saunas, etc.) for 1-2 days post-treatment.
- Limit any exercise or activity that can cause sweating for 24 hours post-treatment.
- Avoid skin irritants for 3 days after treatment unless otherwise directed. This includes products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, vitamin C/ascorbic acid, astringents, etc.
- Avoid treatments that may irritate the skin for 1-2 weeks after treatment:
 - Waxing, depilatories, etc.
- Contact the office with any concerns such as swelling with or without pustules, blistering, excessive or prolonged redness/swelling, etc.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.

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