

# SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

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## Pre-Procedure Instructions: **AviClear**

### BEFORE PROCEDURE:

- Before your first treatment, please obtain your patient ID. This patient ID will be used during all 3 treatments. You can obtain your patient one of two ways:
  - Visit the AviClear website (<https://aviclear.com/>), click on *Get Patient ID* in the nav and register with your email and date of birth. Please take a picture of your patient ID or write down your patient ID and bring it with you to your treatments.
  - Download the **Cutera** App. Click on *Get Patient ID* and register with your email and date of birth. You will be directed to a page with a QR code, and your patient ID will appear above the QR. Please have that QR code readily available during the start of your treatment.
- Avoid skin irritants for 3 days prior to treatment. This includes products containing tretinoin, retinol, benzoyl peroxide, glycolic/salicylic acids, vitamin C/ascorbic acid, astringents, etc.
- If you have a history of herpes or cold sores notify your provider. You will be prescribed an anti-viral prescription prior to treatment. Please take medication as prescribed.
- To help with treatment related discomfort we recommend taking 2 tablets of over-the-counter Ibuprofen and 2 tablets of over-the-counter Tylenol (acetaminophen) at least 30 min prior to treatment. Notify your provider if you have an issue taking these medications.
- We recommend taking Claritin or another antihistamine on the day of treatment and to continue for 5-7 days post treatment. This may reduce the acne “purging” that can occur after AviClear treatments.
- Excess hair in the treatment areas needs to be removed prior to treatment. Men should be cleanly shaved.

*We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.*

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