

# SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

MATTHEW B. DOPPELT, D.O., F.A.O.C.D., F.A.A.D.

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## Post Procedure Instructions: **Fractora**

### AFTER PROCEDURE:

- Gently cleanse treated area with Avène Tolerance Cleansing Lotion, then apply Avène Cicalfate immediately post treatment for 1-3 days. After skin has healed, apply Avène Tolerance Cream followed by Avène mineral sunscreen.
- Avoid scrubs, exfoliants, glycolic or salicylic acid, and retinoids for 2 weeks.
- The only makeup approved to apply is Oxygenetics (post procedure makeup) which can be applied 24 hours after treatment and can be purchased at your visit. You may resume your normal regimen after the skin has healed; 1-3 days for mild treatments and 5-7 days for moderate and deeper treatments. Do not apply make-up if there are open areas.

### POST-TREATMENT EXPECTATIONS:

- Fractora may be performed 1-3 times, 3-4 weeks apart, depending on treatment intensity.
- Your face may be red over treated area. Small spots of crusting are possible and may appear 1-3 days post treatment. They will exfoliate naturally. Do not rub harshly or remove manually. Let them fall off on their own.
- Swelling may occur, particularly in areas treated with higher energy. You may also have some bruising. Swelling and bruising should subside over several days, but can last longer depending on how your body heals and the aggressiveness of your treatment.
- Itching may occur in areas as they heal. Do not scratch!
- Improvements in skin texture, tightening, and wrinkle reduction will occur over 3-4 months.
- Please contact the office if you have any questions or concerns.

*We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.*

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