

# SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

MATTHEW B. DOPPELT, D.O., F.A.O.C.D., F.A.A.D.

---

## Post Procedure Instructions: **Laser Tattoo Removal**

### AFTER PROCEDURE:

- Cleanse the treated area twice daily with water and mild soap, and then pat the area dry.
- Do not rub or scratch the treated area.
- After cleansing, apply a thin layer of Aquaphor® ointment or Vaseline to the treated tattoo.
- Apply a non-stick gauze over the tattoo until it is healed.
- Avoid contact sports or any other activity that could cause injury to the treated area.
- Avoid sun exposure to the treated area. Use a broad-spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Apply to the treated area every 2 hours when exposed to the sun and it is recommended to make this a part of your skin care routine.
- Discomfort may be relieved by using cool gel packs or acetaminophen.
- If blistering occurs, keep the area moist by applying Aquaphor or Vaseline 3 times a day. Do not manipulate or drain the blister. Allow it to heal naturally. Do not enter swimming pools or hot tubs until treated areas are healed.
- No swimming or soaking in hot tubs or submerging treated area in water for at least 48 hours posttreatment.
- Contact the office if there is any indication of infection (redness, tenderness or pus) or if you have any other concerns.

*We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.*

---

1930 PINNACLE POINTE WAY, KNOXVILLE TN, 37922

PHONE: (865) 474-8800 · FAX: (865) 474-8806 · WWW.DRDOPPELT.COM