

SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

MATTHEW B. DOPPELT, D.O., F.A.O.C.D., F.A.A.D.

Post Procedure Instructions: **Liquid Nitrogen Treatment**

Liquid nitrogen is a cold, liquefied gas. It is used to freeze and destroy superficial skin growths such as warts and keratoses. Liquid nitrogen causes stinging a mild pain while the growth is being frozen and then when it thaws.

AFTER PROCEDURE:

- Some hours after liquid nitrogen treatment, your skin will become swollen and red; later on it may blister. The blister and swelling are part of the treatment and will gradually heal by themselves.
- No special care is needed after liquid nitrogen treatment. Just ignore it. However, do not pick at the blister. You can wash your skin as usual and use makeup or other cosmetics. If clothing irritates the area, cover it with a small bandage (Bandaid).
- Sometimes liquid nitrogen does not completely resolve the area. If the area does not completely go away, please make a return appointment.
- Should you have any questions or concerns, please do not hesitate to contact our office.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.

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