

SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

MATTHEW B. DOPPELT, D.O., F.A.O.C.D., F.A.A.D.

Post Procedure Instructions: **Microneedling (Collagen P.I.N.)**

AFTER PROCEDURE:

- Treated area may be red for 1-3 days.
- Cleanse the treated area with a gentle cleanser, twice daily.
- After cleansing, apply Induction Therapies PHAZ (hyaluronic acid) liberally over entire treated area. You may feel a burning sensation as the PHAZ is applied and may cause the skin to feel dry. You may reapply PHAZ multiple times daily.
- Apply a non-chemical based sunscreen to the treated area.
- If desired, ONLY use mineral based make-up on days 2, 3, & 4.
- Normal skincare routines are not to be resumed until day 5. Glycolic Acids, Retinoids and scrubs should be avoided for 5 days.
- Avoid sweaty exercise and do not submerge treated area in water for the first 24 hours.
- Avoid excessive sun exposure for the first 72 hours.
- Please contact the office if you have any questions or concerns.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.

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