

SOUTHEASTERN

DERMATOLOGY

MEDICAL · SURGICAL · COSMETIC

MATTHEW B. DOPPELT, D.O., F.A.O.C.D., F.A.A.D.

Pre Procedure Instructions: **Standard SmartSkin CO2**

It is important to follow all instructions as directed by your physician.

BEFORE PROCEDURE:

- Depending on your skin type you may be asked to use special medications to prepare your skin for treatment.
- SkinMedica's Procedure 360 System will be given to you at your consultation. Two weeks prior to procedure start using Facial Cleanser, twice daily. Apply Post Procedure Repair Complex, twice daily, TNS Ceramide, twice daily and apply sunscreen AM only. **DO NOT USE Restorative Ointment until after the procedure.**
- For the one month prior to treatment, avoid sun exposure, as well as tanning beds and tanning creams. Use a broad-spectrum (UVA/UVB) sunblock SPF 50 or greater when treatment area is exposed to the sun. If you are tanned, you may not be treated.
- The day prior to procedure, begin taking Cefdinir (antibiotic, twice daily), Famvir (Famcyclovir) to help prevent cold sores.
- On the day of treatment take fluconazole and continue to take Cefdinir and Famvir as directed.
- Bring all prescriptions with you to procedure appointment. We will instruct you when to take Ativan.
- It is important that you clean the area to be treated.
- If you are a male and your face and neck are being treated, you should be clean shaven before the procedure.
- On treatment day, you should wear comfortable clothes and shoes. If your face or neck is being treated, wear a button-down shirt.
- You should not wear any jewelry or hearing aids on treatment day. If you wear contacts, do not wear them on treatment day; bring your eyeglasses instead.
- You must have a driver when leaving office after procedure.

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.

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