

SOUTHEASTERN

D E R M A T O L O G Y

MEDICAL · SURGICAL · COSMETIC

MATTHEW B. DOPPELT, D.O., F.A.O.C.D., F.A.A.D.

Unna Boot Wear & Care

An Unna boot is a medicated gauze wrap for leg ulcers and rashes.

FOR OPTIMUM RESULTS:

- Once the Unna boot is applied, stay off your feet as much as possible when seated, elevate your legs.
- Do not get the Unna boot wet.
- When showering, cover the Unna boot with a plastic bag. If you take a tub bath, prop your leg off to the side of the tub.

PLEASE CONTACT OUR OFFICE IMMEDIATELY IF YOU EXPERIENCE ANY OF THE FOLLOWING:

- Severe itching and rash above or below the Unna boot
- Coldness, numbness or tingling in the legs
- Change in color or inability to move toes
- Pain and cramping in the leg
- Foul smelling drainage

We want you to have an outstanding result. If you have any questions or unexpected concerns, please call the office for assistance.

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